

Galt UMC This Week

Galt UMC is a warm welcoming family who worship, pray, learn, and love one another by serving our community so that everyone can encounter the Risen Lord and experience transformation through God's Grace.



July 26, 2021

Let's Talk

A Word from Pastor Mary mjzmaaga@yahoo.com 530-417-6584



A little boy gave me a gift from the heart this past Friday. It was a handful of plucked and bruised flower petals from a nearby plant. He gave them to me to say THANK YOU for the gift he had just received while fishing at our booth at the Farmer's Market. He was about 4 years old, and our game and the gift were a delight to him. One of our newest members, Ken Lee, played the part of "the fish" by hooking onto the fishing pole gifts that he knew would delight the receiver – a piece of pink

jewelry for a well-dressed young girl; a "bat mobile" style car for a boy wearing a Batman t-shirt, and so on. I don't remember what Ken gave this little boy, but whatever it was

WOW! The little boy searched for a concrete way to express his gratitude and those petals were at hand. I think of your increased giving to Galt UMC as being like those petals. You want a concrete way to say THANK YOU to the Lord for all He has done for you. We are blessed to be a conduit for your gratitude. I promise that I receive every gift you give Galt UMC: time, talents, and treasure, to be sure – but also your prayers and encouragement of one another – as the deep and spontaneous expression of a grateful heart. I give thanks for you! If I could, I would fill each of your hands with fragrant petals.





Blessings, Pastor Mary



p.s. Many thanks to the team that put together our Farmer's Market display and stayed around in the astounding heat to greet people: Mona Stratton, Earl Arrants, Faye Gaines, Sabrina Curlee, Ken Lee, Betti Welch – and for George and Betty Bryant for creating our fishing game, as well as UMW for providing the gifts. Judy King came by to support our efforts, as did the Bryants. We will do this again on August 6.





Pastor Mary told us how the city of

Nineveh responded to God's will causing

God to change His mind about

More T-snirts???

Pastor Mary is going to order more t-shirts the first week of August. She is going to treat your local "kids" to children's shirts – make sure she has their names, ages, and

sizes. If you would like an adult shirt for yourself or someone in your life, the cost is \$15. Let her know soon what size you need. X Large and Large are available now.



overthrowing the city.



Sermon Series "FOR THE BEAUTY OF THE EARTH"

Each week in August we will focus on a story from Scripture with a feature from nature. This coming Sunday we will join Peter, John, and James with the Lord Jesus Christ on the Mount of Transfiguration.

August 1"Mountaintop Experiences"Scripture:Luke 9:28-36Holy Communion will be celebrated.

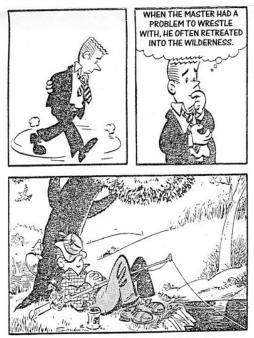
Thank you to The Glory Men's Trio, aka The Three Old Dudes - Denny Yoder, Don Ross, and Phil Ochoa for their special music this past Sunday -"Just a Closer Walk with Me".



Word has reached us that our loving friend Andy Peoples passed away on July 23. Services are being planned for Friday, August 6.

PHILLIP'S FLOCK

By Doc Goodwin



from JoyfulNoiseletter.com ©Doc Goodwin (Phillip's Flock) Reprinted with permission



Every Wednesday, FB Live, 6:30pm or you can access Pastor Mary's class during the week on her FB page





NATURE IN SCRIPTURE

ADULT CLASS led by Pastor Mary Maaga

4pm Sundays of August on ZOOM

The symbolism of the natural features of the earth are powerful throughout Scripture. Mountains reflected the mystery

and awesomeness of God; Rivers and seas provided water and food, but also potential destruction; Wilderness places untouched by human beings were where spiritual forces held sway, both angelic and demonic; Trees and vines, and valleys protected by shepherds, were what might come to people who placed their trust in God. Fellowship at 3:30 - Class begins at 4:00pm

Time: Aug 1, 2021 03:30 PM Pacific Time Join Zoom Meeting https://us02web.zoom.us/j/89845092930



We have a dozen people interested in being Dingalings! Our first rehearsal will be Tuesday, August 17 at 7pm in the social hall. Drop ins are welcome. We will plan to rehearse the first and third Tuesday of the month at 7pm. No prior music knowledge is needed, just a willingness to learn and a heart desiring to honor God and have fun!



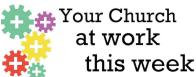
We love getting checks

571 C Street Galt. CA 95632





Tell YOUR bank to send us a check EACH month! No cost to do this!



Tuesday, July 27, Online Worship recording, 8:30am in Sanctuary

Tuesday, July 27, Exploratory Committee -5:00pm in church office



Coffee Catch-up: Second Tuesday of every month at 1pm we will meet at The Coffee Shop on 4th Street. Buy a cup of coffee and/or pastry and mingle with other Galt UMCers.

This is a chance to invite a friend, family member, or neighbor to meet our Pastor in a casual atmosphere. Wear your t-shirt and the Pastor just might buy your coffee for you!



Campfire ZOOM: Fourth Tuesday of every month at 3pm we will meet around the "campfire" to share stories about our adventures and life experiences. Pastor Mary will let us know the topic in advance, like

favorite childhood summer vacation, or what food reminds you of home, or who is your favorite t.v. or movie personality. It's fun to talk about things that are light and come to know each other better



Book Club for Women starts September 13 at 1pm on ZOOM

In the past year our Book Club has become a place of love, safety, and personal growth for its

participants. We would like to invite more women to join us. The book we will read next is Gift from the Sea by Anne Morrow Lindbergh. Anne Lindbergh was the wife of Charles Lindbergh and this book includes her thoughts on youth and age; love and

marriage; peace and contentment. Each week's reading will give us a jumping off point for our own sharing about these topics. Please acquire your own copy of Gift from the Sea and let Pastor Mary know that you would like a link.





From the Editor's Desk

This 'N That From Here and There --By Earl Arrants

Our August Lunch Bunch gathering has been scheduled for Thursday, August 5, at Flames restaurant, 1067 C Street, Suite 132 (In Save Mart center). This being a new restaurant for our Lunch Bunch group, several of us decided to pay the establishment a visit for lunch last week.



Now, I was apprehensive about inviting a group of 25 people to a place I hadn't visited before. So, our group of Denny and Betty Yoder, Alan and Michele Weinel, and myself were pleasantly surprised. The restaurant is

large and spacious enough to accommodate our 25 diners with no problem. If the weather cooperates we could even eat in their patio area.

The restaurant specializes in Indian cuisine, but there are plenty of other options from various gourmet sandwiches, to a variety of hamburgers, to chicken wings, fish and chips, chicken tenders, corn dogs, and various appetizers.



Betty and Denny ordered a Pesto Veggie sandwich (\$7.99) that included (lightly grilled) mushrooms, bell peppers, olives, zucchini, tomato, and jack cheese on a french roll.

Michele ordered a chicken tikka wrap (they called it a "frankie" for some unusual reason.) The frankie is served wrapped in a naan bread tortilla with garbanzo bean spread, cilantro, cucumbers, tomatoes, onions, mint chutney, tamarind chutney, house made frankie masala and rata (yogurt). I asked her about "spicy". She answered, 'not really", but it was sure good!



Alan chose the Holy Chuck Burger (10.99) which was a 1/3 lb beef patty with bacon, jack cheese, BBQ sauce and sautéed onions on top. We couldn't figure how he got all that in his mouth!

An option also available is: Make it a meal and choose fries or potato salad with a regular drink, \$4.99. The fries were delicious, hot and crispy.



Now, I opted for the Flames Indian fare, one entree - Chicken Tikka Masala bowl (8.99). It contained boneless chicken breast marinated in spiced yogurt and served over a bed of basmati rice. Knowing that Indian cuisine could

be very hot and spicy, I was careful to ask when ordering that I wanted mild spicy. The flavor was good, however, after a few bites, the spice started to come through. Although not excessively spicy, when ordering, be careful about their Indian cuisine!

Soft drinks are extra. \$3.99 for soda seems excessive. However, the machine is in the open and apparently seconds are not discouraged.

Orders and payment are made at the counter. There is a large overhead menu board from which to make lunch selections. Printed menus are also available for take out orders.

Our orders made, we settled down for a wait while our meals were custom prepared for us. It took about 10 minutes when our food started to arrive. The wraps, sandwiches, and burger arrived in a paper lined basket with plastic eating utensils. My bowl arrived in a plastic bowl with plastic fork and spoon.

The service was fast, however, on a recent Monday, there were only 2 other diners in the whole restaurant. We'll see how service goes when 25 people show up. We have made reservations with the owner and they will be expecting us.

Here are some side notes: Reservation time is 11:30. - Place your order at the window when you arrive and sit down. - Food will be delivered to you at the table. - When you order from the Indian menu, BEWARE of the spice! - They have "daily" specials. Thursday's special is buy any bowl and get 2nd bowl 50% off. - As another side note: French fries are FREE on Monday. - You can see their menu at <u>flamesedc.com</u>. Flames definitely passed our inspection. We don't think you will be disappointed!

Mark your calendars now: Everyone's Invited Lunch Bunch, Thursday, August 5, 11:30am at Flames Restaurant, 1067 C Street, suite 132 (in the Save Mart center). See you there.





The following was received from Galt UMC member Rosie Kumar. She asked that it be included in our newsletter.

From: Mary Cheng <<u>mwongcheng@gmail.com</u>> Date: Mon, Jul 19, 2021 at 10:45 AM Subject: Opportunity: Children's Study on Managing Emotions (Pilot Group)

Hello sisters,

I am writing to see if you can help encourage one to three families in your congregation to join a 6-week Zoom group to learn about emotions using the UMW Mission u 2020 children's study called *Managing Our Emotions*.

The conference committee on Children's Ministries chaired by Pastor Cathy Morris contacted UMW to see if we would help recruit a diverse group of families for this pilot study. It is a 6-week program, one hour each week beginning in September and it will be on Zoom. The cost is free.

The goal of the program is to help parents and their children learn about the different emotions and how to manage them using Biblical resources and recent knowledge about our brains and emotions. Attached is the fuller description.

Would you pray about this and see which families in your congregations may find this helpful and personally talk to them? The vision of the Children's Ministries Committee is to create more opportunities to reach the children of the CANV conference. I am grateful that they are using the MIssion u children's curriculum. This is another step to bring our children and parents closer to Christ. UMW can partner in this effort to bring Mission u children's studies into the conference.

Interested persons will need to contact the facilitator, Joni Cisowski at joni@firstumcmodesto.org by July 31. Would you help with this recruitment? Thank you so much! Please also help pass the word along.

Blessings, Mary Chenz

Children's Ministry Task Force of the California-Nevada Conference Request for Participants Managing Our Emotions

A Six Session Pilot Program to Help Children and Parents Learn About Emotions

The Children's Ministry Task Force of the California-Nevada Conference is look for 8 to 12 families, who represent the rich diversity of the Conference, to participate in six session, online pilot program of the United Methodist Women's children's study *Managing Our Emotions*.

Target Start Date: First week of September, 2021 Session Schedule: To be determined according to participant availability

Session Length: 1 hour

Session Format: Zoom Meeting

Application Deadline: July 31, 2021

To apply or receive more information, contact Joni Cisowski, joni@firstumcmodesto.org

Program Description:

Each session will include a Warmup, Scripture lesson, art, video, open share, closing prayer

Week 1 Learning About Our Feelings – Children and families will explore various emotions that they experience.

Week 2 Anxiety and Sadness – Children will examine feelings that cause pain and distress and learn how God helps during these times.

Week 3 Fear and Frustration – Children will explore the emotions of fear and frustration and learn various ways in which they can be handled.

Week 4 Joy

Week 5 Finding Power, Helping Others – Children will understand how managing their emotions help them grow as Christians and supports their ability to make a difference in the world.

Week 6 Closing activities and time together – Children and families will celebrate the completion of the 6 - week study