



Galt UMC This Week

Galt UMC is a warm welcoming family who worship, pray, learn, and love one another by serving our community so that everyone can encounter the Risen Lord and experience transformation through God's Grace.



January 10, 2022

From the Editor's Desk



*This 'N That
From Here and There*

- - By Earl Arrants

Pastor Mary has been on vacation this past week, so she has given me the responsibility of filling this front page. Coming through the email vine this past week was a correspondence from Bishop Minerva Carcaño. I felt it was very interesting and wanted to share it with you. Bishop Carcaño shares her thoughts about what it means to be a United Methodist. Her thoughts certainly pertain to our local church expressed in our banner displayed every week in this newsletter - and other places: "Galt UMC is a warm welcoming family who worship, pray, learn, and love one another by serving our community."

The Bishop's thoughts are rather lengthy for this front page so I have used my editor's prerogative and moved them to the back page so all can enjoy reading in one place rather than the need to look for continued pages or columns.

On an entirely different subject: I know we "senior" citizens find it necessary to take the afternoon nap, either by choice, or without knowing it. I found the following magazine article that gives us permission to enjoy that afternoon nap!

"Short naps could boost brain function. Researchers examined the sleeping habits and brain function of more than 2,000 adults over age 60. They found that those who took a nap - defined as a post-lunch doze that lasts between five minutes and two hours - performed 'significantly' better in health checks and cognitive assessments than those who didn't. Sleep expert Neil Stanley says napping helps you "zone out from all of the noise so your brain can do its housekeeping."



Someone said, "Everybody thinks of changing Humanity and Nobody thinks of changing Himself." Does that have a ring of truth in it? This Sunday Pastor Joe Carmichael leads our video worship. He talks about making changes within "ourselves". In this year of 2022 is there a change you know that needs to be made in your life? Will you allow that change to be made by "chance" or will you be intentional about making it happen? Give this video a listen and decide for yourself.

[Click Here](#)

24:04

On-Line Worship - Available on **Saturdays** each week at GaltUMC.org. - Give us your email address and these services will arrive in your inbox automatically.

Pastor's Vacation

Pastor Mary returns from vacation tomorrow, January 11. She will be in the church office tomorrow morning.

We were certainly blessed to have Pastor Joe Carmichael filling in for Pastor Mary this past week. Thank for joining us for in-person worship AND in the above online worship video.

NEWS & Notes



Annual Giving Statements are now ready and will be distributed on Sunday mornings at morning worship for those folks attending church. Our out of town members will be receiving them in the mail.



Our Lunch Bunch group had a very enjoyable time last Thursday noon at Full Moon Palace with 3 tables (19 people) enjoying each other's company on a foggy morning. The staff at Full Moon did an excellent job of feeding our large group, as well as other diners in other parts of the room, in a timely manner. We all agreed that Full Moon should be placed in our monthly rotation of lunches.



The next UMW meeting will be held on Saturday, January 22, 10:00am here at the church. Important discussion will consist of deciding disposition of proceeds from Holiday Bazaar.



The United Methodist Church is a connectional Church, which means we have organizational and prayer based connections with other United Methodist

Churches in Lodi and Stockton. Each week a prayer focus is given.

January 9: This week the prayer focus is for Galt UMC.

January 16: The prayer focus is for First UMC Lodi.



The Exploratory Committee has been working seeking ways of obtaining monetary grants for the construction of a free standing Sunshine Food Pantry building. Our latest project was the making of a Sunshine promo video displaying the need for such a building. Our thanks to Joe Carmichael for using his video making skills for this project. Our church members can view the results of his labors using this link:

[CLICK HERE](#)

God's kids say and do the funniest things.



The children were lined up in the cafeteria of a church elementary school for lunch. At the head of the table was a large pile of apples. A teacher had written a note, posted on the apple tray: "Take only ONE. God is watching."

At the other end of the table was a large pile of chocolate chip cookies.

A child had written a note: "Take all you want. God is watching the apples."

Sign outside South Side Church of God, South Bend, IN:

"A rabbit's foot won't bring good luck. The rabbit is proof."

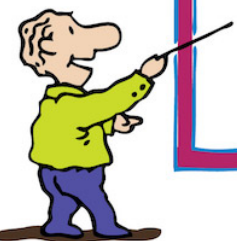
GREETERS SCHEDULE

January 16

Faye Gaines
Judy King

January 23

Colleen Hurley
Eve Roach





Continuing Weekly



Tuesday, January 11, 8am-11am:
Dennis Yoder and Pastor Mary will be
recording Online Worship



Tuesday, January 11, 5:00pm in the
church office.



Wednesday, January 12, Set up for
distribution, 8:00 - 10:00am.

Thursday, January 13, Food
Distribution, 8:00 - 10:00am, Extra
help always welcome.



Saturday, January 15, 9:00am at
Velvet Grill. All men are invited to join
us for food and conversation.



Meet next Sunday, January 16, after
worship in the social hall.

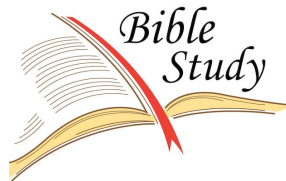


Chuck is back explaining all things Methodist! This series of 3 to 5 minute videos seeks to enlighten serious church happenings in a humorous way.

Around church you may be familiar with the term "laity" or "lay member", but what about a "Lay Minister"? What's that all about? Chuck tells all! And on this show you find out if Chuck is a clergy or lay person!

[Click Here](#)

2:54



**Begins on January 12,
6:30pm, Facebook Live.**

Pastor Mary will take us
on a journey through Paul's
two letters to the
Corinthians. These letters
include some of the most

well known Scriptures in the Bible – they will
light up with even greater significance as you
understand the context in which Paul wrote
them and more about the people who received
them.

Upcoming Learning Opportunities

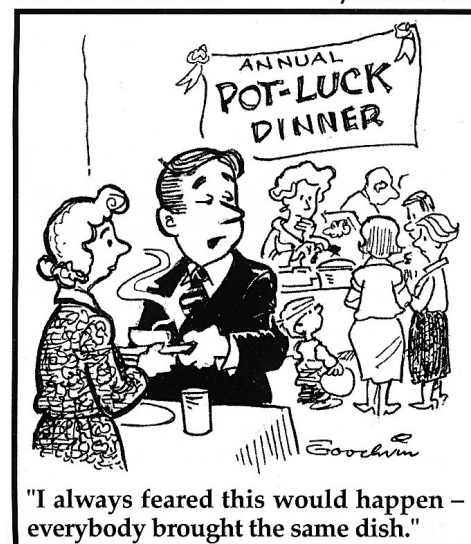
Book Club for Women will resume with a new
book in February – book and day/time of our
ZOOM Book Club to be announced soon

Adult Class on ZOOM will resume in February –
topic to be announced soon

If you are interested in an IN PERSON class,
please let Pastor Mary know. She would love to
have something in person for our folks who do
not use tech.

PHILLIP'S FLOCK

By Doc Goodwin



from JoyfulNoiseletter.com
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A Few Words from Bishop Minerva Carcaño

"I am so thankful to God for being a Methodist"

I remember the first time I visited Wesley's Chapel in London, England. It was a cold, rainy day in the month of November. After I visited the chapel and the Museum of Methodism, I went and sat by Wesley's tomb in the garden at the rear of the chapel. I was on my way to Harare, Zimbabwe to attend an assembly of the World Council of Churches and rather than sit for a day at the airport, I decided at the last minute to visit the mother church of Methodism and John Wesley himself.

As I navigated my way to Wesley's Chapel, I was so very aware of a deep desire in my heart to be at this place while also preparing to be viewed as an outsider. I am a third generation Methodist, but to this very day am reminded by other Methodists that I am not quite a member of the family, the color of my skin, my gender, my commitment to serving the poor, the marginalized, the excluded, and breaking down the institutional barriers that contribute to and often cause their suffering, making me suspect.

When I finally arrived at Wesley's Chapel, I did not identify myself as a United Methodist and certainly not as a clergyperson. But it did not matter. I was welcomed as if I were a family member! Allowed to roam the chapel and the museum and the grounds as if they were mine.

When I figured out that I did not have enough local currency to return to the airport, the superintendent minister, the leading pastor of Wesley's Chapel, insisted on walking several blocks down the street in pouring rain to a bank to exchange US dollars for me. And he still didn't know I was a Methodist!

Five years later I would meet him in the US and tell him of how he had graciously helped me on my visit to Wesley's Chapel. He didn't remember. I suspect he did things like this often.

Before leaving Wesley's Chapel I sat on a bench by John Wesley's tomb. As I sat there in the drizzle of rain that persisted, I felt like I was home. I had a conversation with Mr. Wesley, who on that afternoon became a heart-to-heart mentor to me, a spiritual guide, a friend on the journey of life and faith. What I had learned over the years in my studies of

Methodism and of its founder, John Wesley, became real to me on that day in a most unexpected way.

As I left that garden at Wesley's Chapel I touched the plaque with John Wesley's famous quote, "The World is my Parish," and in my spirit spoke a word of witness to John Wesley. I was part of the world that had been welcomed into the parish of God's grace and mercy, justice, and love, by Wesley's own faithful service to Christ Jesus!

I am so thankful to God for being a Methodist. Since I can remember from my own upbringing as a Christian in the Wesleyan tradition, being a Methodist has always been about welcoming, serving, caring for others, and sharing the good news of Jesus the Christ with others, without judgment, full of the unconditional love of God. I have learned along the way that to be such a people depends on our giving ourselves fully to God, over, and over again.

John Wesley prayed that we might be such a people encouraging Methodists to renew their covenant with God at the beginning of every year. As we begin this New Year, I invite us to pray together the historic prayer that Methodists have prayed at the beginning of a new year, from generation to generation since 1780. May this contemporary version make it accessible to all of us.

I am no longer my own, but yours.

Put me to what you will, place me with whom you will.

Put me to doing, put me to suffering.

Let me be put to work for you or set aside for you,

Praised for you or criticized for you.

Let me be full, let me be empty.

Let me have all things, let me have nothing.

I freely and fully surrender all things to your glory and service.

And now, O wonderful and holy God,

Creator, Redeemer, and Sustainer,

you are mine, and I am yours.

So be it.

And the covenant which I have made on earth,

Let it also be made in heaven. Amen.

Blessed New Year beloved disciples of Jesus!

